



**Dementia Inclusive  
Singing Network**

## **Dementia Inclusive Singing Network Small Grants Programme Signposting Information Sheet**

Here are some useful links and guides to help you find ways for people affected by dementia to take part in singing activities in-person and online.

### **Dementia Inclusive Singing Network**

Running a Choir or Group Guides: A range of useful guides on dementia inclusion, including a guide on 'Making online singing activities more dementia inclusive'.

<https://singing.luminatescotland.org/running-a-choir-or-group/>

### **Making Music**

Resource Library: Guidance, templates and tools to help plan and deliver both in – person and remote music rehearsals and performances:

<https://www.makingmusic.org.uk/resources>

A Guide on hosting rehearsals on Zoom:

<https://www.makingmusic.org.uk/resource/zoom-online-rehearsals-vocal>

### **Ability Net**

Technical help and training, free resources and guides to learn more about disability and technology, and help identify and use accessibility features on technology at home:

<https://abilitynet.org.uk/>

## **Sidney De Haan Research Centre for Arts and Health**

This guide provides an overview of the evidence that group singing can be beneficial for people living with dementia. It also gives examples of setting up singing groups for people living in the community who are affected by dementia

<https://www.livemusicnow.org.uk/wp-content/uploads/singing-and-people-with-dementia.pdf>

## **DEEP – The UK Network of Dementia Voices**

Resources, including how to make sessions more accessible to those living with Dementia. Some of these have been produced with DEEP groups, as well as resources that have been produced independently.

<https://www.dementiavoices.org.uk/deep-resources/>

## **Alzheimer's Society**

Dementia Experience Toolkit: Using video technology to connect people with dementia:

<https://www.alzheimers.org.uk/dementia-professionals/dementia-experience-toolkit/real-life-examples/supporting-inclusion/using-video-technology-connect-people-dementia>

## **Music for Dementia**

A useful bank of resources from Music for Dementia and some of their partner organisations, to help bring music into the lives of people living with dementia.

<https://musicfordementia.org.uk/advice-resources/toolkits-resources/>

## **Drake Music**

Resource on accessibility in video conferencing / online meetings / remote music sessions:

<https://www.drakemusic.org/blog/becky-morris-knight/accessibility-in-video-conferencing-and-remote-meetings/>